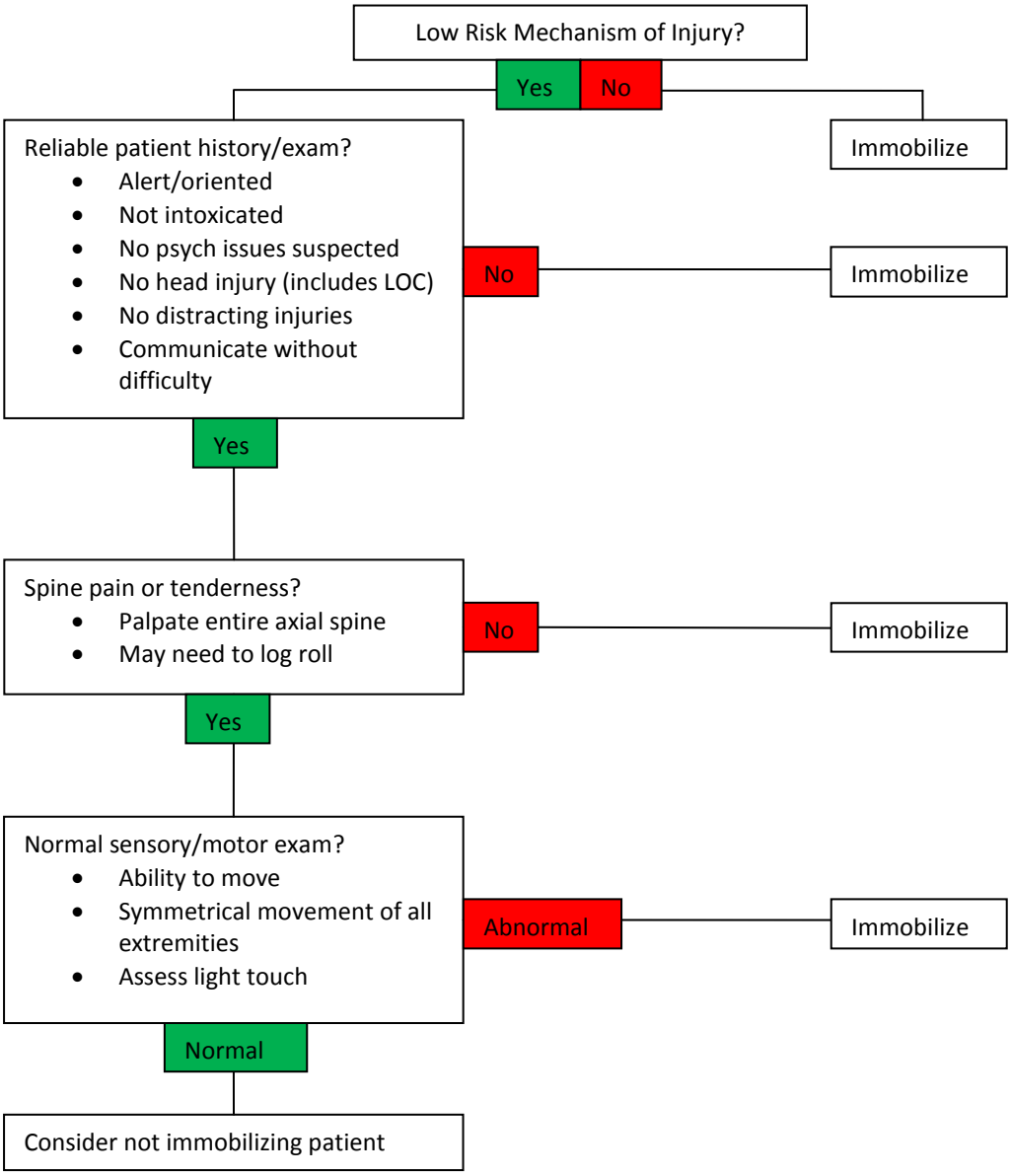
Low Risk Mechanism of Injury?
Yes
No
Immobilize
Reliable patient history/exam?
• Alert/oriented
• Not intoxicated
• No psych issues suspected
• No head injury (includes LOC)
• No distracting injuries
• Communicate without difficulty
No
Immobilize
Yes
Spine pain or tenderness?
• Palpate entire axial spine
• May need to log roll
No
Immobilize
Yes
Normal sensory/motor exam?
• Ability to move
• Symmetrical movement of all extremities
• Assess light touch
Abnormal
Immobilize
Normal
Consider not immobilizing patient